



**SILVER AWARD PROGRAMME**

**2019**

## What is the DofE?

A Duke of Edinburgh's Award is so much more than a 'pat on the back' for completing a programme of activities. It is recognition of a young person's successful journey of self-discovery and development, renowned by employers and universities alike for the qualities young people have who've achieved a DofE Award.

It gives young people the opportunity to develop a whole range of skills including team work, communication, problem-solving and organisation in a number of different environments. This means young people must be committed self-starters, able to source their own activities and manage their time effectively towards the award.

Little Lever School are able to offer you the Bronze programme as it holds its own licence to operate the Award. All students will be encouraged to compile evidence from their enrichment activities to gain the award according to the following criteria as set out in the DofE Handbook.

<b>Volunteering</b>	<b>Physical</b>	<b>Skills</b>	<b>Expedition</b>
6 months	One section for 6 months and the other section for 3 months		Plan, train for and complete a 3 day, 2 night expedition
<i>Direct entrants must undertake a <b>further</b> 6 months in the Volunteering or the <b>longer</b> of the Physical or Skills sections.</i>			

- Volunteering: undertaking service to individuals or the community.
- Physical: improving in an area of sport, dance or fitness activities.
- Skills: developing practical and social skills and personal interests.
- Expedition: planning, training for and completion of an adventurous journey in the UK

### Indicative Costs:

#### Expeditions:

1 Day practice Walk	£10
2 Day Practice Expedition	£40
3 Day Qualifying Expedition	£50

**Total** **£100**



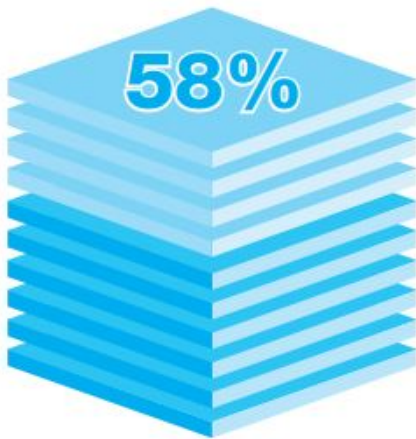
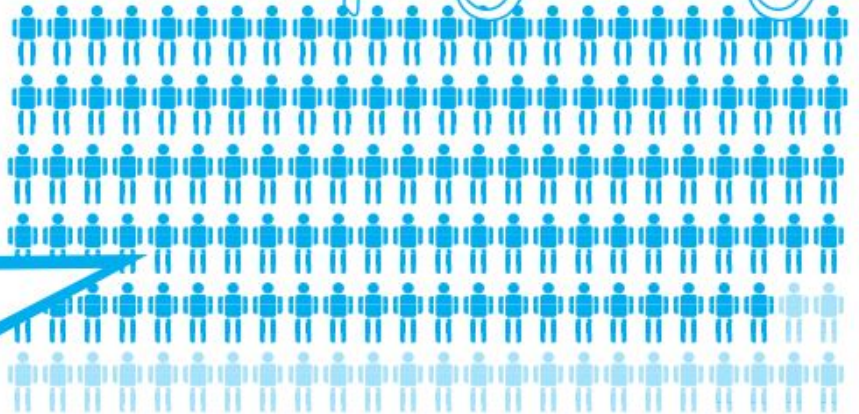
THE DofE &

# Employability

August 2014

# 83%

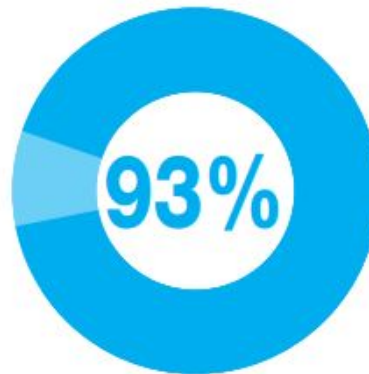
of DofE participants think that doing their DofE will help them get a job.



# 58%

are confident they will get the grades they need...

...but nearly half are still worried about finding work.



# 93%

feel under pressure to demonstrate they can be an 'all-rounder' in the workplace.

## Skills participants said they gained through their DofE...



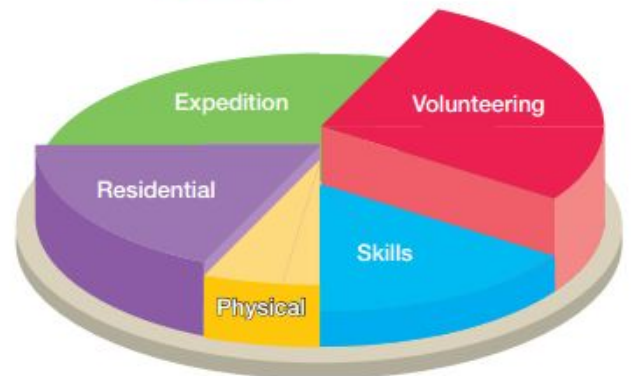
Team working: 91%

Communication: 75%

Problem solving: 59%

Self-management: 55%

Positive approach to work: 55%



The Volunteering section came out top in helping participants prepare for the working world.

Participating in DofE activities has given nearly  $\frac{1}{4}$  some ideas for their future career.

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