

REMOTE LEARNING
Week commencing 23/03/20
Life Skills
Positive Relationships
Self Esteem
Coping Strategies

NG PLANNER - PLB (PERSONALISED LEARNING BASE)

Weekly tasks

Students complete a booklet called "Healthy Me" with a PowerPoint to help them from PIXL Edge. This weeks focus is on Mental Health.

Class code: w7alxug

Positive Relationships: This week's focus is on how to maintain a good friendship and Anti-Bullying. The students have been giving solutions to some scenarios and creating an anti-bullying poster for an online competition.

Class code: 3a344el

We are looking at the benefits of mindfulness and gentle yoga. Students are following a beginner yoga video and filling in a reflection on how they found the exercises.

Class code: ciq37hy

This week we are reflecting on the importance of taking opportunities and how to adapt to changes of circumstances. The main focus us on 'My Future' using PIXL Edge resources. Students follow the PowerPoint and answer the questions on a word document.

Class code: red2hvg