

PLB REMOTE LEARNING PLANNER**Week Commencing 04/05/2020**

Life skills: Students are set some cooking challenges during the week, to bake with the rest of the household. There is also a PowerPoint on how to properly store cooked food and ingredients. Students will upload their recipe and completed dish. [Class code: w7alxug](#)

Positive Relationships: This week we are focussing on physical exercise and exercising with those in your household. Let the dance challenge commence! Students then fill in a reflection on how they found the dance workout. [Class code: 3a344e1](#)

Self-esteem: This week we are looking at Innovative thinking - Being innovative will help you to think differently. It will be important for making choices about your future. Students follow the PowerPoint and get creative with their own innovative thinking! [Class code: ciq37hy](#)

Coping Strategies: This week we are cooking using 2 ingredients only! Students are encouraged to upload a picture and recipe for their delicious bakes. Points for the most creative. [Class code: red2hvg](#)