

PLB REMOTE LEARNING PLANNER**Week Commencing 15/06/2020**

Life skills: Myself and a few other staff on the classroom have created a cooking challenge! Students are given a few recipes and encouraged to upload their most creative designs. A certificate will be given to those who have put in that extra effort. **Class code: w7alxug**

Positive Relationships: This week students will decide what makes something valuable and the different ways to compare values. Students follow the PowerPoint and complete the questions on the worksheet. **Class code: 3a344el**

Self-esteem: This week's focus is on Self-Belief. Students reflect on how much they feel motivated and believe they can achieve something, even if it is initially difficult. A PowerPoint and reflective worksheet is available for them to follow and answer questions. Students have made a fantastic effort with the playlist task from last week, so they will now have access to it on a classroom link. It includes recommendations from students as well as some podcasts to help them stay motivated while at home. **Class code: ciq37hy**

Coping Strategies: Creating a strong support network is so important to student's well-being, so this week's focus is thinking about how they can keep in touch with family and friends when they can't see them face-to-face or as often. Students follow a PowerPoint and reflection worksheet. **Class code: red2hvg**