

PLB REMOTE LEARNING PLANNER

Week Commencing 01/06/2020

Life skills: Students have this week to finish the tasks that were set before we broke up for half-term. There have been some creative ideas from some students on how to upcycle some household items into plant pots and summer decorations for their gardens. Students also have the chance to follow a recipe and make Banana cakes. **Class code: w7alxug**

Positive Relationships: This week we are focussing on Net Worth – how can we best handle money and think about the things that are important to us and prepare for the future? Students follow the PowerPoint and come up with a plan for their future savings. **Class code: 3a344el**

Self-esteem: Students have expressed how much music calms them, so this week's task is to create a Mindfulness playlist of 5 songs and 5 exercises to help others focus and aid concentration. **Class code: ciq37hy**

Coping Strategies: Students are creating their own at-home task, this can be anything from a creative task to fitness task for all the other students to try out that has helped them feel motivated during their time at home. Another great suggestion from a student. **Class code: red2hvg**